OMB: 0925-0294 Expires 12/89 Form 13 Revision 0, 2/87

#### FTYPE FREV NHLBI GROWTH AND HEALTH STUDY HEALTH BELIEFS AND ATTITUDES - C

D number of NGHS child	d:		RID		
Tame code of NGHS chil	d:				
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lease PRINT the child's First	full name:	Last	DO_FORM		

OMB: 0925-0294 Expires 12/89 Form 13 Revision 0, 2/87

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# GROWTH AND HEALTH STUDY HEALTH BELIEFS AND ATTITUDES - C

	HAND SHOW CARD #1 for Q 1,2,3	or	SHOW SLIDE #1 for Q 1,2,3	$\odot$	$\odot$	···		
1.	• • •	or unl	he Response categories) nappy are you weight?	Very Happy	<u>Happy</u>	<u>Unhappy</u>	Very <u>Unhappy</u>	WEIGHT
2.		or unl	he Response categories) nappy are you height?	. 🗆				HEIGHT
3.		or unl	he Response categories) nappy are you r body looks?					BODY
4.	Do you thi	nk youi	father (or male gu	ardian)	likes you		: weight'	?
		Yes		•••••		•••••		
		No	•••••	•••••	•••••	•••••	2	
		Do not	have one		*******	•••••	□ 3	

5. Do y	ou think your mother (or female guardian) likes you	r present
Weigi	•••	MOMWT
	Yes	
	No	<b>□</b> 2
	Do not have one	<b></b> 3
HAND SI CARD		
		Wouldn't Make Anv Difference
A.	Have more friends	POPULTH
- B.	Look less grown up	LESADLTH
C.	Feel less in charge of things	LSCHRGTH
D.	Feel better about herself	FELBETTH
E.	Be prettier	PRETYTH
F.	Feel more like a girl	MORGRLTH
G.	Be less likely to get pushed around	PUSHEDTH
H.	Be healthier	н <b>г</b> тнтн
HAND S		
	e tell me which figure looks most like an older brother	- nearest
your	age (if you have one):	
No o broth		
No o		

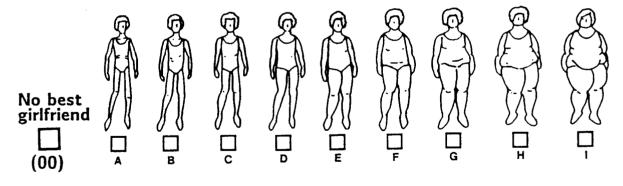
BROIMAGE

engelikan kanal

	HAND SHOW CARD #4	or	SHOW SLIDE #	4					
7B.	Please tel			looks	most l	ike <u>an</u>	<u>older s</u>	<u>ister</u> -	nearest
	No older sister (00)			SISIN	E AAGE	© □ F			- -

7C. Please tell me which figure looks most like your best girlfriend:

Continue with same Card or Slide



GRLIMAGE

## 8. Have any of these people ever told you that you are too thin?

		<u>Yes</u>	<u>No</u>	Do Not <u>Have One</u>	
A.	Has your <u>Father</u> ever told you that you were too thin?			DAD2TI	Н
B.	Has your Mother ever told you that you were too thin?			MOM2TH	4
C.	Has Any Brother ever told you that you were too thin?			BRO2TH	i
D.	Has Any Sister ever told you that you were too thin?			SIS2TH	
E.	Has A Best Girlfriend ever told you that you were too thin?			BGRL2TH	1
F.	Has The Boy You Like Best ever told you that you were too thin?			ВВОУ2Т	Н
G.	Has Any Other Girl ever told you that you were too thin?			GRL2TH	
Н.	Has Any Other Boy ever told you that you were too thin?			ВОҮ2ТН	
1.	Has Any Teacher ever told you that you were too thin?			ТСН2ТН	

9. Have any of these people ever told you that you are too fat?

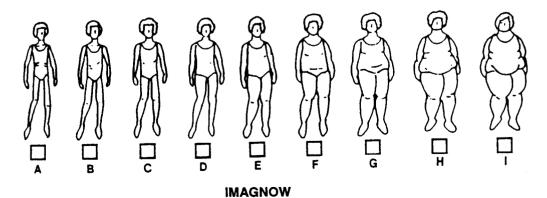
				Do Not
Α.	Has your <u>Father</u> ever told you that you were too fat?	Yes	No	Have One  DAD2FAT
B.	Has your Mother ever told you that you were too fat?			MOM2FAT
C.	Has Any Brother ever told you that you were too fat?			BRO2FAT
D.	Has Any Sister ever told you that you were too fat?			SIS2FAT
Ε.	Has A Best Girlfriend ever told you that you were too fat?			BGRL2FAT
F.	Has The Boy You Like Best ever told you that you were too fat?			BBOY2FAT
G.	Has Any Other Girl ever told you that you were too fat?			GRL2FAT
Н.	Has Any Other Boy ever told you that you were too fat?			BOY2FAT
i.	Has Any Teacher ever told you that you were too fat?			TCH2FAT

HAND SHOW CARD #5	or	SHOW SLIDE #5				
A. Is b. B. Is h. C. Is lo D. Is lo E. Is b	(Read the eing grow ooking proposed the eing heal	Response categories) In up	Very	ou?	Unimportant I	Very Unimportant ADLTIMP FRNDIMP PRETIMP THINIMP HLTHIMP MORGRLIM
G. Is n H. Is h  HAND SHOW  CARD #6	ot getting a le	re like a girl g fat oving family  SHOW SLIDE #6 was fat would s	she:			NOFATIMP LOVFAMIM
B. L C. F D. F E. E F. F G. E	lave more ook less eel less in eel bette Be prettie eel more Be less lik	Repeat the question as a friends	gs			Wouldn't Make Any Difference  POPULFAT  LSADLFAT  LSCHRGFT  FELBETFT  PRETYFAT  MORGRLFT  PUSHFAT  HLTHFAT

SHOW D #7	or	SHOW SLIDE #7				
	y or un	happy are you v th:	vith these	parts of y	your body	y? How Very
B. C. D. E. F.	Your way Your sk Your st Your ar Your br Your hi Your le	the Response categorie aist  in color  omach  reasts  ps  shind	s) <u>Happy</u>	Happy	Unhappy	Unhappy  WAIST  SKINCOLE  STOM  ARMS  BREAST  HIPS  LEGS  BEHIND
SHOW RD #8	or	SHOW SLIDE #8				

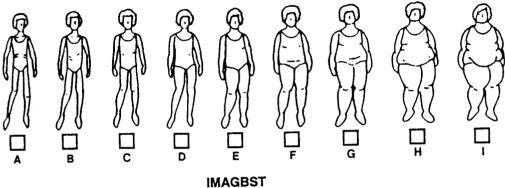
13. The next set of questions ask about how you look now, how you think you are going to look, and how you would best like to look. Please (check the box under the figure that best answers the following/tell me which figure best answers the following:)

#### 13A. Right now I look like:



Continue with same Card or Slide

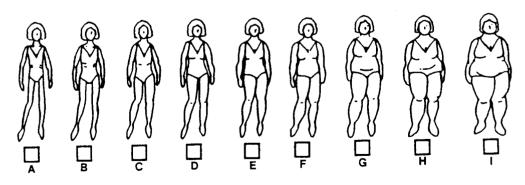
13B. I would like it best if I now looked like:



HAND SHOW CARD #9

SHOW SLIDE #9

- Please (check the box under the figure that best answers the 14. following/tell me which figure best answers the following:)
  - 14A. When I am a teenager in high school, I will probably look like:

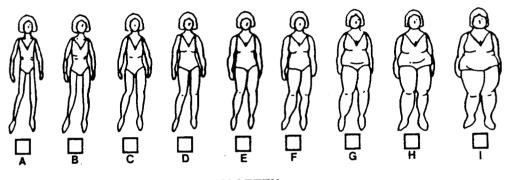


**IMAGTEEN** 

Continue with same Card or Slide

14B. When I am a teenager in high school, I would like to look like:

engelik elektrik dan kemilia

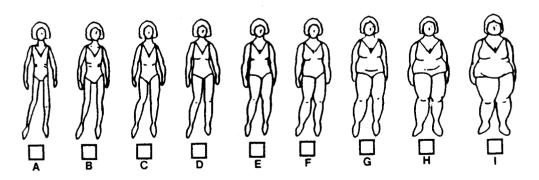


**IMAGBTEN** 

Continue with same Card or Slide

15. Please tell me which figure best answers the following:

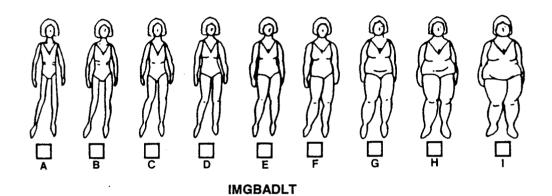
15A. When I am a grownup, 25 to 30 years old, I will <u>probably</u> look 1 like:



**IMAGADLT** 

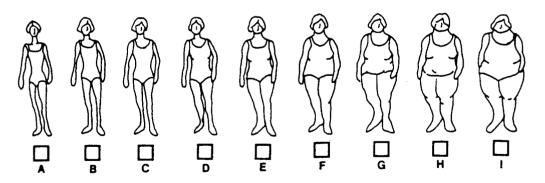
Continue with same Card or Slide

15B. When I am a grownup, 25 to 30 years old, I <u>would like</u> to look like:



HAND SHOW CARD #10 SHOW r SLIDE #10

16. Please tell me which figure best answers the following: A woman looks best when she looks like:



**IMAGBFEM** 

17.	Do yo	u have any <u>close friends</u> who are:			
	А. В. С.	White?  Black?  Hispanic (for example, Puerto Rican, Mexican-	Yes	اسما	FRWHITE
		American, Cuban, Latin American)?			FRHISP
	D.	Asian (for example, Chinese, Japanese,  East Indian) or Pacific Islander?			FRASIAN
	E.	American Indian or Alaskan Native (for example, Eskimo)?			FRAMIND
- <b>18</b> .	in yo	ur school (check only one box):	:	SCHRACE	
		All or most of the kids are black	•••••		
		About half the kids are black and			
-		half the kids are white			
		All or most of the kids are white	•••••	<b>—</b> 3	
19.	Have	you ever tried to <u>lose</u> weight?	Yes	<u>No</u>	LOSWT
20.	Have	you ever tried to gain weight?			GAINWT
21.	Are y	ou trying to <u>lose</u> weight now?			LOSWTNW

Page 12 22. Are you trying to gain weight now? ..... HAND SHOW SHOW SLIDE #11 **CARD #11** or 23A. Do you think your mother is very thin; thin; not thin or heavy; heavy; very heavy; or is she pregnant now? MOMTHFAT Very thin ..... Thin ..... Not thin or heavy ..... Heavy ..... Very heavy ..... Mother is now pregnant ..... 6 (Answer 23B) Do not have one ..... 23B. If your mother is now pregnant, do you think she was very thin, thin, not thin or heavy, heavy, or very heavy before she became pregnant? **B4PREG** Very thin ..... Thin ..... Not thin or heavy ..... Heavy ..... Very heavy .....

Form 13

Revision 0, 2/87

Now I am going to ask you some questions about how people in your family get along. By your family we mean those you are living with right now. Please tell me <u>how often</u> the following things happen in your family.

HAND SHOW CARD #12 FOR Q24-Q32	or	SHOW SLIDE #12 FOR Q24-Q32					
24. In my fan	nily we a	sk each other fo	r help:				
	(Read the	e response categories)				FHEL	P
	Almos	t never	•••••		•••••		1
	Once i	n a while			•••••		2
-	Often			•••••			3
-	Almos	t always	•••••	••••••	••••••		4
25. We like to	o do thir	igs with just me	mbers	of our fan	nily:		
	(Read the	e response categories)			ı	FDOTH	١G
	Almos	t never	•••••				1
	Once i	n a while	•••••				2
	Often		•••••				3
	Almos	t always	••••••				4

26.	In my family we feel closer to each other than to people of family:	utside the
	(Read the response categories)	FCLOSE
	Almost never	_ ı
	Once in a while	
	Often	
	Almost always	4
27.	In my family we like to spend free time with each other:	
	(Read the response categories)	FSPEND
-	Almost never	
-	Once in a while	□ 2
	Often	☐ 3
	Almost always	4
		•
28.	In my family we feel very close to each other:	FEEL
	(Read the response categories)	FFEEL
	Almost never	
	Once in a while	<u> </u>
	Often	3
	Almost always	4

29.	When our family gets together for activities, everybody come	s:
	(Read the response categories)	FACTIV
	Almost never	
	Once in a while	
	Often	☐ 3
	Almost always	4
30.	We can easily think of things to do together as a family:	
	(Read the response categories)	FTHINK
	Almost never	
•	Once in a while	
-	Often	<u> </u>
_	Almost always	4
31.	In my family we ask other family members about our decision	is:
	(Read the response categories)	FASK
	Almost never	
	Once in a while	
	Often	<u> </u>
	Almost always	4

ender geranden in der

## 32. In my family togetherness is very important:

(Read the response categories)	FTOGETH			
Almost never		1		
Once in a while				
Often				
Almost always		4		

This concludes this questionnaire, thank you very much for your help Enter remaining information on cover sheet.



FTYPE NGHS FORM 13 Rev. 1 1/89

ID number of NGHS child:		
Name code of NGHS child:		
Visit number:		VISIT
VISIT NUMBER:		
Please <i>PRINT</i> the child's full name:		
First Name	Middle Initial	Last Name

We think this questionnaire will take about 14-16 minutes for you to complete including listening to or reviewing instructions and collecting information. If you have comments about this time estimate or any part of the questionnaires, including suggestions for reducing the time required, please send them to Reports Clearance Officer, PHS, 721-8 Hubert H. Humphrey Building, 200 Independence Avenue S.W., Washington, D.C. 20201; and to Office of Management and Budget, Paper Work Reduction Project (0925-0294), Washington, D.C. 20503.





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		V	N			
				DO_FORM		•
1.	What is today's date?		Month	Day	Year	
	; - -	Very Happy	Нарру	Unhappy	Very Unhappy	
2.	How happy or unhappy are you with your present WEIGHT?					WEIGHT
3.	How happy or unhappy are you with your present HEIGHT?					HEIGHT
4.	How happy or unhappy are you with the way your body looks?					BODY
5.	Do your think your father (or male guar			resent we	ight? DAD	WΤ
	No				2	

Do not have one .....

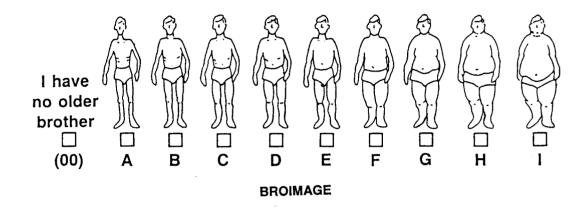
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NGHS FORM 13 Rev. 1 1/89 Page 2 of 16

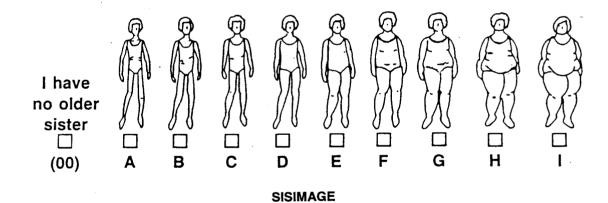
6. Do you think your mother (	or female guardian)	likes your	present	weight?	MWT
Yes				1	
No				2	
Do not ha	ave one			3	
7. If a girl your age was thin v	would she:			100 - 1 d - 1a	
	·			Wouldn't Make Any	
		Yes	No	Differenc	
A. Have more friends					POPULTH
-B. Look less grown up					LESADLTH
C. Feel less in charge of the	hings				LSCHRGTH
D. Feel better about herse	- elf				FELBETTH
E. Be prettier					PRETYTH
F. Feel more like a girl	·				MORGRLTH
G. Be less likely to get put					PUSHEDTH
H. Be healthier					нетнтн

romania in a

8A. Please check the box under the figure that most looks like YOUR OLDER BROTHER - nearest your age:



8B. Please check the box under the figure that most looks like YOUR OLDER
- SISTER - nearest your age:



8C. Please check the box under the figure that most looks like YOUR BEST GIRLFRIEND:

I have no best girlfriend (00)	A CANADA	В	0	0	E	F	© G	H	
				GRLIN	IAGE				

9. Have any of these people ever told you that you are TOO THIN?

	Yes	No	Do Not Have One	•
A. Your father?				DAD2TH
B. Your mother?			4	MOM2TH
C. Any brother?				BRO2TH
D. Any sister?				SIS2TH
E. A best girlfriend?				BGRL2TH
F. The boy you like best?	<del></del>			ввоу2тн
G. Any other girl?			GRL2TH	
H. Any other boy?			BOY2TH	
I. Any teacher?			TCH2TH	

# 10. Have any of these people ever told you that you are TOO FAT?

	Yes	No	Do Not Have One	
A. Your father?			,	DAD2FAT
B. Your mother?				MOM2FAT
C. Any brother?				BRO2FAT
D. Any sister?				SIS2FAT
E. A best girlfriend?				BGRL2FAT
F. The boy you like best?				BBOY2FAT
G. Any other girl?			GRL2FAT	
H. Any other boy?			BOY2FAT	
I. Any teacher?			TCH2FAT	

## 11. How important are the following things to you?

		Very			Very	
		Important	Important	Unimportant	Unimportan	t
Α.	Being grown up					ADLTIMP
В.	Having lots of friends					FRNDIMP
C.	Looking pretty					PRETIMP
D.	Looking thin					THINIMP
E.	Being healthy					HLTHIMP
F.	Feeling more like a girl					MORGRLIN
G.	Not getting fat					NOFATIMP
Н.	Having a loving					LOVFAMIM

12.	lf	а	girl	your	age	was	fat	would	she:
-----	----	---	------	------	-----	-----	-----	-------	------

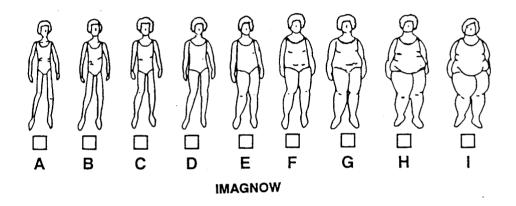
		Yes	No	Wouldn't Make Any Difference	
Α.	Have more friends				POPULFAT
В.	Look less grown up				LSADLFAT
c.	Feel less in charge of things				LSCHRGFT
D.	Feel better about herself				FELBETFT
E.	Be prettier				PRETYFAT
F.	Feel more like a girl				MORGRLFT
G.	Be less likely to get pushed around				PUSHFAT
Н.	Be healthier				HLTHFAT

13.	How happy or unhappy are you with these parts of your body?
	How happy are you with:

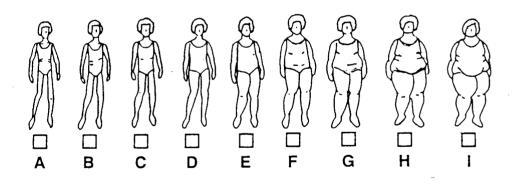
		$\odot$	$\bigcirc$			
		Very Happy	Нарру	Unhappy	Very Unhappy	
Α. \	Your waist					WAIST
в. ч	Your skin color					SKINCOLR
Ċ. Y	Your stomach					STOM
D. <b>`</b>	Your arms					ARMS
E. \	Your breasts					BREAST
F. `	Your hips					HIPS
	Your legs					LEGS
u v						BEHIND

The next set of questions ask about how you LOOK NOW, how YOU THINK YOU ARE GOING TO LOOK, and how you would BEST LIKE TO LOOK. Please check the box under the figure that best answers the following:

#### 14A. Right NOW I look like:



#### 14B. I WOULD LIKE it best if I now looked like:

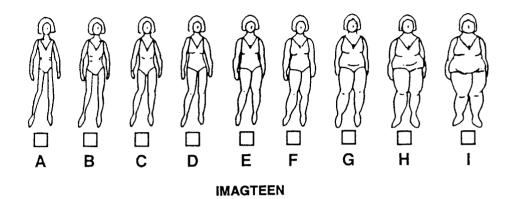


**IMAGBST** 

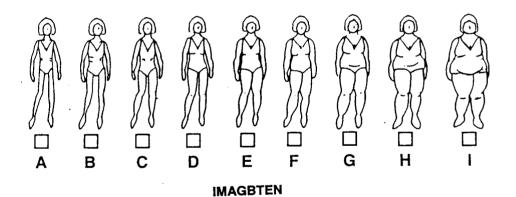
15A. When I am a teenager in high school, I will PROBABLY look like:

+ 124 x 22 x x 1 x 1 x

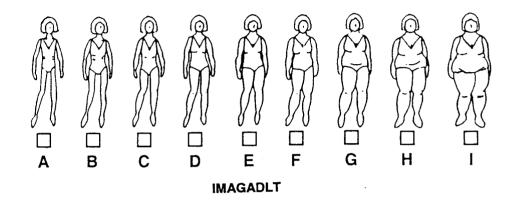
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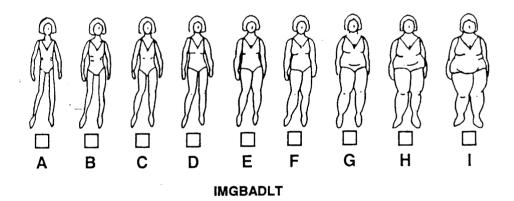
15B. When I am a teenager in high school, I WOULD LIKE to look like:



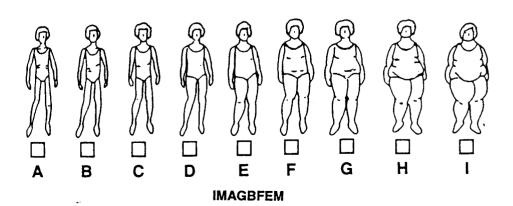
### 16A. When I am grownup, 25-30 years old, I WILL PROBABLY look like:



16B. When I am a growup, 25-30 years old, I WOULD LIKE to look like:



### 17. A woman looks BEST when she looks like:



18.	Do	you have any CLOSE FRIENDS who are:			
			Yes	No	
	A.	White?			FRWHITE
	В.	Black?			FRBLACK
	C.	Hispanic (for example, Puerto Rican, Mexican-American, Cuban, Latin American)?			FRHISP
	D.	Asian (for example, Chinese, Japanese, East Indian) or Pacific Islander?			FRASIAN
-	E.	American Indian or Alaskan Native (for example, Eskimo)?	·		FRAMIND
19.	ln	your school (check only <i>ONE</i> box):	sc	HRACE	
		All or most of the kids are black		1	
		About half the kids are black and half the kids are white	e [	2	
		All or most of the kids are white		3	
		None of these describe my school	[	4	
			Yes	No	
20.	Ha	ve you tried to LOSE weight in the last 2 years?			LOSWT
21.	Ha	ve you tried to GAIN weight in the last 2 years?			GAINWT
22.	Are	e you trying to LOSE weight now?			LOSWTN

\* 12\* + 12\* + 1 12\*

	Yes	No	
23. Are you trying to GAIN weight now?			GAINWTNW
24A. Do you think your mother is very thin; thin; not thin or heavy heavy; or is she pregnant now?		eavy;	
Very thin			
Thin			
Not thin or heavy		3	
Heavy		4	
Very heavy		5	
Mother is now pregnant		6	(Answer 24B)
Do not have one		7	
24B. If your mother is now pregnant do you think she was very t	hin, thi	in,	
not thin or heavy, heavy, or very heavy before she became		B4PR	EG
Very thin	<b></b> [	1	
Thin		2	
Not thin or heavy		3	
Heavy		4	
Very heavy		5	

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These questions are about how people in your family get along. By your family we mean those you are living with right now. HOW OFTEN do the following things happen in your family?

25.	In my famil	y we ask each other for help:	FHELP
	Almost	never	1
	Once i	n a while	2
	Often		3
	Almost	always	4
26.	We like to	do things with just members of our family:	FDOTHNG
-	Almost	never	1
	Once i	n a while	2
	Often		3
	Almost	always	4
27.	In my famil	ly we feel closer to each other than to people outside t	
	Almost	never	FCLOSE
	Once i	n a while	2
	Often		з
	Almost	always	4

28.	In my family we like to spend free time with each other:	FSPEND	
	Almost never		1
	Once in a while		2
	Often		3
	Almost always		4
29.	In my family we feel very close to each other:	FFEEL	
	Almost never		1
	Once in a while		2
-	Often		3
	Almost always		4
30.	When our family gets together for activities, everybody comes:	FACTIV	
	Almost never		1
	Once in a while		2
	Often		3
	Almost always		

\* 12\* 1 \*2 \* 2 \* 1 \* 1 #

We can easily think of things to do together as a family:	FTHINK
Almost never	1
Once in a while	2
Often	3
Almost always	4
In my family we ask other family members about our decisions:	FASK
Almost never	1
Once in a while	2
Often	3
Almost always	4
In my family togetherness is very important:	FTOGETH
Almost never	1
Once in a while	2
Often	3
Almost always	4
	Almost never

Service Control



NGHS Form 13 Rev. 2 11/90



## NHLBI GROWTH AND HEALTH STUDY HEALTH BELIEFS AND ATTITUDES

This form is to be administered to the NGHS girl at the Year 5 Follow-up Visit.

ID number of NGHS	girl:	<u>RID</u>	
Name code of NGHS	girl:		
Visit number:			. VISIT
Date:		DO_FORM	
Date	Month	Day	Year
Please PRINT your	full name:		
· 			
First Name	Middle Initial		st Name

We think this questionnaire will take about 14-16 minutes for you to complete including listening to or reviewing instructions and collecting information. If you have comments about this time estimate or any part of the questionnaire, including suggestions for reducing the time required, please send them to Reports Clearance Officer, PHS, 721-H Herbert H. Humphrey Building, 200 Independence Avenue S.W., Washington, D.C. 20201; and to Office of Management and Budget, Paper Work Reduction Project (0925-0294), Washington, D.C. 20503.



# NHLBI GROWTH AND HEALTH STUDY HEALTH BELIEFS AND ATTITUDES

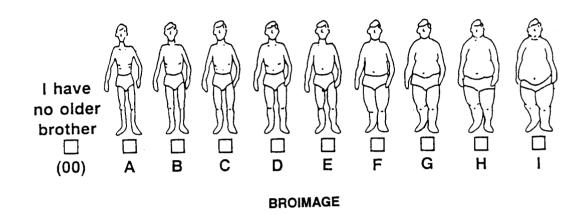
ID			
NC			
VN			

		Very Happy	Нарру	Unhappy	Very Unhappy	
1.	How happy or unhappy are you with your present WEIGHT?	. $\square$				WEIGHT
2.	How happy or unhappy are you with your present HEIGHT?	. $\square$				HEIGHT
3.	How happy or unhappy are you with the way your body looks?					BODY
4.	Do you think your father (or male	guardian	) likes	your pres	ent weigh	ıt?
	Yes					
	No					
	Do not have one		. $\square$ ,			

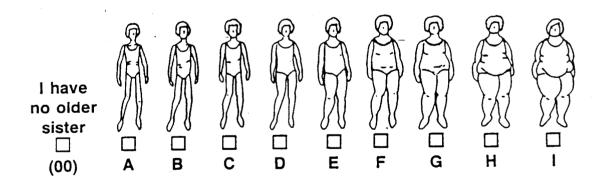
_	Da 4h	into come make and four formals according N 1:1			
5.	uo you tn	ink your mother (or female guardian) lil	kes your <b>MOMWT</b>	present	weight?
		Yes			
		No			
		Do not have one			
6.	If a girl	your age was thin would she:			Wouldn't
			Yes		Make Any ifference
	Α.	Have more friends			POPULTH
	В.	Look less grown up			LESADLTH
	С.	Feel less in charge of things			LSCHRGTH
	D.	Feel better about herself			FELBETTH
	Ε.	Be prettier			PRETYTH
	F.	Feel more like a girl			MORGRLTH
	G.	Be less likely to get pushed around .		~	PUSHEDTH
	Н.	Be healthier			нстнтн

7A. Please check the box under the figure that most looks like YOUR OLDER BROTHER - nearest your age:

+ 1,90 x 2,34 x 30 x 22



7B. Please check the box under the figure that most looks like YOUR OLDER SISTER - nearest your age:



SISIMAGE

	YNGBRO
0.4	De veu have a VOLINCED hyether?
8A.	Do you have a YOUNGER brother? Yes No
	TC NO chim to Overtion OA
	If NO, skip to Question 9A.
	The state of the s
8B.	Please check the box under the figure that most looks like YOUR YOUNGER BROTHER - nearest your age:
	blottick - hearest your age.
	A B C D E F G H I
	YBROIMAG
8C.	How old is your YOUNGER brother nearest your age? <b>BROAGE</b> years old.
	YNGSIS
0.4	Do you have a VOLINCEP sistor?
9A.	Do you have a YOUNGER sister? Yes No
	If NO, skip to Question 10.
	11 No, skip to question io.
9B.	Please check the box under the figure that most looks like YOUR YOUNGER
90.	SISTER - nearest your age:
	$oldsymbol{\cdot}$
	alle alle alle alle alle alle alle
	A B C D E F G H I
00	YSISIMAG
9C.	How old is your YOUNGER sister nearest your age? SISAGE years old.

10. Please check the box under the figure that most looks like YOUR BEST GIRLFRIEND:

I have no best girlfriend	A	В	0			F	C G G	H D	- D
				GRLIM	AGE		4		

11. Have any of these people ever told you that you are TOO THIN?

		Yes	No	Have One	<u>}</u>
Α.	Your father				DAD2TH
В.	Your mother				MOM2TH
С.	Any brother				BRO2TH
D.	Any sister				SIS2TH
Ε.	A best girlfriend				BGRL2TH
F.	The boy you like best				ВВОҮ2ТН
G.	Any other girl			GRL2TH	
н.	Any other boy			BOY2TH	
I.	Any teacher			TCH2TH	

12. Have any of these people ever told you that you are TOO FAT?

FAT
FAT
2FAT
2FAT
AT
2FAT
2FAT
2

13.	How	important	are	the	following	things	to	you?
-----	-----	-----------	-----	-----	-----------	--------	----	------

ergen egele omfør

	:	Very [mportant	Important	Unimportant	Very Unimportant
Α.	Being grown up	. 🗆			ADLTIMP
В.	Having lots of friends				FRNDIMP
С.	Looking pretty				PRETIMP
D.	Looking thin	. $\square$			THINIMP
Ε.	Being healthy	. $\square$			HLTHIMP
F.	Feeling more like a girl	. $\square$			MORGRLIM
G.	Not getting fat	. $\square$			NOFATIMP
Н.	Having a loving family	. 🗆			LOVFAMIM

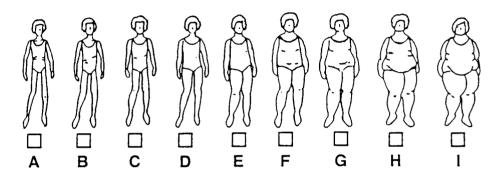
14.	If a girl	your age was fat would she:				
			Yes	!	Wouldn't Make Any ifferenc	<i>t</i>
	Α.	Have more friends				POPULFAT
	В.	Look less grown up				LSADLFAT
	C.	Feel less in charge of things				LSCHRGFT
	D.	Feel better about herself				FELBETFT
	Ε.	Be prettier				PRETYFAT
	F.	Feel more like a girl				MORGRLFT
	G.	Be less likely to get pushed around .				PUSHFAT
	u. u	Re healthier				HLTHFAT

15.	How happy	or unhappy are	you with	these	parts	of	your	body?
	How happy	are you with:						

		Very Happy	Нарру	Unhappy	Very Unhappy	
Α.	Your waist					WAIST
В.	Your skin color					SKINCOLR
	Your stomach					STOM
D.	Your arms					ARMS
Ε.	Your breasts					BREAST
F.	Your hips			-		HIPS
G.	Your legs					LEGS
	Your behind					BEHIND

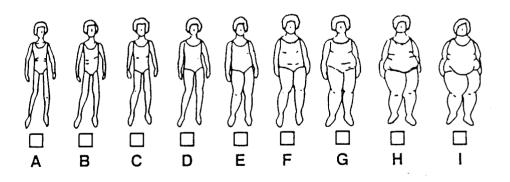
The next set of questions asks about how you LOOK NOW, how YOU THINK YOU ARE GOING TO LOOK, and how you would BEST LIKE TO LOOK. Please check the box under the figure that best answers the following:

16A. Right NOW I look like:



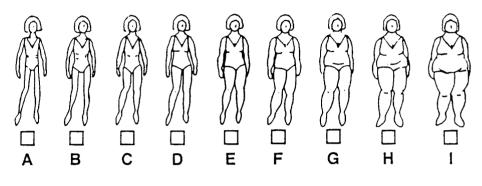
**IMAGNOW** 

16B. I WOULD LIKE it best if I now looked like:



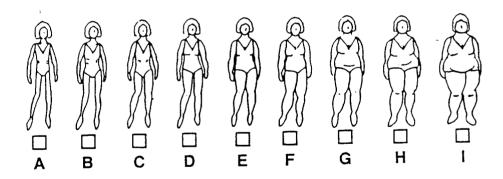
**IMAGBST** 

17A. When I am a senior in high school, I will PROBABLY look like:



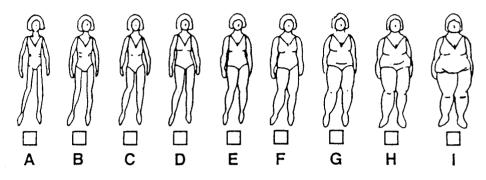
**IMAGTEEN** 

17B. When I am a senior in high school, I WOULD LIKE to look like:



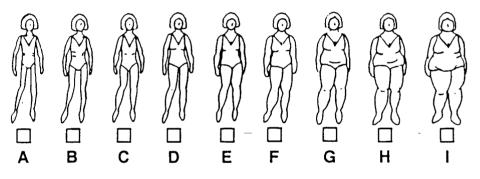
IMAGBTEN

18A. When I am 25-30 years old, I WILL PROBABLY look like:



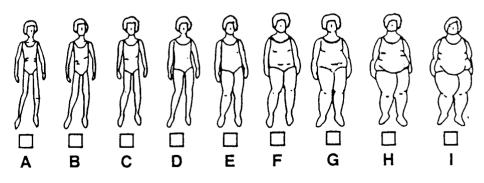
**IMAGADLT** 

18B. When I am 25-30 years old, I WOULD LIKE to look like:



**IMGBADLT** 

19. A woman looks BEST when she looks like:



**IMAGBFEM** 

20.	Do y	you have any CLOSE FRIENDS who are:			
	Α.	White	Yes	No	FRWHITE
	В.	Black			FRBLACK
	С.	Hispanic (for example, Puerto Rican, Mexican-American, Cuban, Latin American)			FRHISP
	D.	Asian (for example, Chinese, Japanese, East Indian) or Pacific Islander			FRASIAN
	Ε.	American Indian or Alaskan Native (for example, Eskimo)			FRAMIND
21.	In :	your school (check only ONE box):	CHRACE		
		All or most of the kids are black			
		About half the kids are black and half the kids are white			-
		All or most of the kids are white	3		
		None of these describe my school			
		Little 1005 which in the last 4 years?	Yes	No	LOSWT
22.	Hav	e you tried to LOSE weight in the last 4 years?			CAINIMIT
23.	Hav	e you tried to GAIN weight in the last 4 years?			GAINWT
24.	Are	you trying to LOSE weight now?			LOSWTNW

والمراجعين

25.	Are you trying to GAIN weight now?	Yes  GAINW	No TNW
26A.	Do you think your mother is very thin, thin, not thin or heavy heavy, very heavy, or is she pregnant now?	, MTHFAT	<del>-</del>
	Very thin	01	•
	Not thin or heavy	03	
	Heavy     Very heavy	04	
	Mother is now pregnant  Do not have one	06	(Answer 26B.)
26B.	If your mother is now pregnant do you think she was very thin, thin, not thin or heavy, heavy, or very heavy before she became pregnant?		
	В-	4PREG	
	Very thin		
	Thin		
	Not thin or heavy	3	
	Heavy		
	Very heavy	5	

These questions are about how people in your family get along. By your family we mean those you are living with right now. HOW OFTEN do the following things happen in your family?

27. In my family we ask each other for help:

		PHELP
	Almost never	
	Once in a while	
	Often	
	Almost always	4
28.	We like to do things with just members of our family:	DOTHNG
	Almost never	
	Once in a while	
	Often	3
	Almost always	
	·	~
29.	In my family we feel closer to each other than to people outside the family:	FCLOSE
	Almost never	
	Once in a while	
	Often	3
	Almost always	

30.	In my	family we like to spend free time with each other:	FSPEND
		Almost never	
		Once in a while	
		Often	
		Almost always	4
31.	In my	y family we feel very close to each other:	FFEEL
		Almost never	1
		Once in a while	2
		Often	
		Almost always	
32.	When	our family gets together for activities, everybody com	es: FACTIV
		Almost never	
		Once in a while	
-		Often	
		Almost always	

 $s = (p_{k+1} + \varepsilon_k + \varepsilon_k) + \varepsilon_k^{-1} x^{-1}$ 

33.	We can easily think of things to do together as a family:	THINK
	Almost never	
	Once in a while	
	Often	
	Almost always	
34.	In my family we ask other family members about our decisions:	: FASK
	Almost never	
	Once in a while	
	Often	
	Almost always	
35.	In my family togetherness is very important:	TOGETH
	Almost never	
	Once in a while	
	Often	
	Almost always	

GRO



NGHS Form 13 Rev. 3 1/93



# GROWTH AND HEALTH STUDY HEALTH BELIEFS AND ATTITUDES

This form is to be completed by the NGHS girl.

ID number of NGHS girl:			RID	<del></del>
Name code of NGHS girl:				
Visit number:				VISIT
D.A.			DO_FORM	
Date:		Month	Day	Year
Please PRINT your full name:				·
Y.				
First Name	Middle Initial		Last Nan	ne

NGHS Form 13 Rev. 3 1/93 6 Pages



# GROWTH AND HEALTH STUDY HEALTH BELIEFS AND ATTITUDES

to the engine of the co

ID			
NC			
VN			

		Very Happy	Нарру	Unhappy	Very Unhappy	
1.	How happy or unhappy are you with your present WEIGHT?					WEIGHT
2.	How happy or unhappy are you with your present HEIGHT?					HEIGHT
3.	How happy or unhappy are you with the way your body looks?					BODY
4.	Do you think your father (or male guardian) like	es your presei		-		
	Yes		DADWT		•	
	No					
	Do not have one	• • • • • • • •	3			
	·					
5.	Do you think your mother (or female guardian)	likes your pre	esent weight?			
			MOMWT			
	Yes		1			
	No		2			
	Do not have one		3			

6.	Please check the box under the figure that most looks like YOUR BEST GIRLFRIEND:									
7.	I have no best girlfriend	D E GRLIMAGO you?	F G	H -						
		Very Important	Important	Unimportant	Very Unimportant					
8.	A. Being grown up  B. Having many friends  C. Looking pretty  D. Looking thin  E. Being healthy  F. Feeling more like a woman  G. Not getting fat  H. Having a loving family  How happy or unhappy are you with the How happy are you with:	se parts of your b	oody?		ADLTIMP FRNDIMP PRETIMP THINIMP HLTHIMP MORGRLIM NOFATIME					
		Very Happy	Нарру	Unhappy	Very Unhappy					
	A. Your waist  B. Your stomach  C. Your arms  D. Your breasts  E. Your hips  F. Your legs				WAIST STOM ARMS BREAST HIPS LEGS					
	G. Your behind				BEHIND					

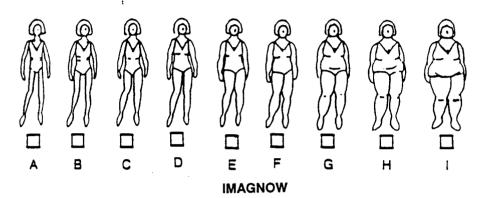
engels egels on a

The next set of questions ask about how you LOOK NOW, how YOU THINK YOU ARE GOING TO LOOK, and how you would BEST LIKE TO LOOK. Please check the box under the figure that best answers the following:

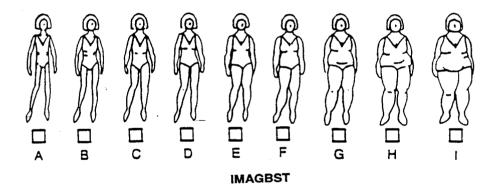
entre expression for

### 9A. NOW I look like:

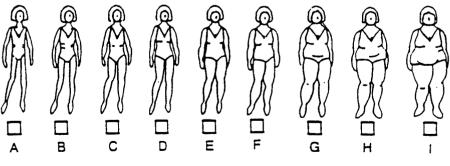
...



9B. I WOULD LIKE it best if I now looked like:



10A. When I am 25-30 years old, I WILL PROBABLY look like:



**IMAGADLT** 

									=
10B.	When I am 25-30 y	vears old, I WOUL	LD LIKE to look lik	ke:					
11.	A woman looks BE	B C	D E IMGB						
- 12. I	A dow often do you:	B 0 0	D E IMAGE	F F F F F F F F F F F F F F F F F F F	G				
				Never	Rarely	Some- times	Often	Always	
Å	A. Get depressed		· · · · · · · · · · · · · · · · · · ·						DEPRESS
E	3. Feel anxious								ANXIOUS
(	C. Have trouble get	ting up in the mo	ming						TRBLUP
t	D. Have crying epis	odes							CRYING
E	E. Feel irritable								IRRITAB
F	F. Feel tired								TIRED
C	3. Have trouble falli	ng asleep							TRBLSLEP
F	f. Get angry					[]		<u> </u>	ANGRY

13.	Think about your friends. Which of the following statements bes (Check only <b>ONE</b> box.)	at describes	them?	EDNDBAC	=	
				FRNDRAC	5	
	All or most of my friends are black		• • • • • • • • •			
	About half of my friends are black and half my friends are wi	hite				
	All or most of my friends are white					
	None of these describe my friends			🗆 🕯		
14.	How thin or heavy do you think your mother is?			•		
				MOMTHFA	τ	
	Very thin			01		
	Thin			02		
	Not thin or heavy			03		
_	Heavy			04		
•	Very heavy			05		
	Mother is now pregnant					
	Do not have one	· · · · · · · · · · · ·		67		
	These questions are about how people in your family get along, with right now. HOW OFTEN do the following things happen in			those you a	re living	
		Almost Never	Once In A While	Often	Almost Always	
15.	In my family we ask each other for help.					FHELP
16.	We like to do things with just members of our family					FDOTHNO
17.	In my family we feel closer to each other than	<del></del>		-		
	to people outside the family.					FCLOSE
18.	In my family we like to spend free time with each other					FSPEND
19.	In my family we feel very close to each other.				Ċ	FFEEL

NGHS Form 13 Rev. 3 1/93 Page 6 of 6

		Almost Never	Once In A While	Often	Almost Always	
20.	When our family gets together for activities, everybody comes.					FACTIV
21.	We can easily think of things to do together as a family					FTHINK
22.	Family members consult other family members on their decisions.					FASK
23.	Family togetherness is very important				F	TOGETH
24.	In my family we approve of each others friends					FAPPROVE

Thank you very much.

FTYPE NGHS Form 13 FREV Rev. 4 12/94



# GROWTH AND HEALTH STUDY HEALTH BELIEFS AND ATTITUDES

This form is to be completed by the NGHS girl.

ID number of NGHS girl:		<u> </u>	RID		
Name code of NGHS girl:					
Visit number:				VISIT	
Date:		_	DO_FORM		
		Month	Day	Year	
Please PRINT your full name:					
-	A 1 1 1 1 22 1				
First Name	Middle Initial		Last Nam	1 <b>e</b> .	

NGHS Form 13 Rev. 4 12/94 5 Pages



### GROWTH AND HEALTH STUDY HEALTH BELIEFS AND ATTITUDES

ID			
NC			
VN			

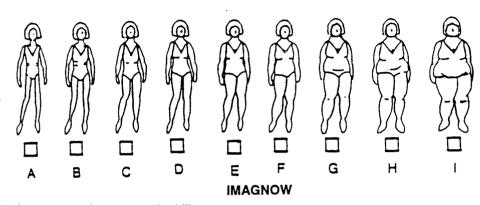
		Very Happy	Нарру	Unhappy	Very Unhappy				
	appy or unhappy are you our present WEIGHT?				WEIGHT				
	appy or unhappy are you our present HEIGHT?				HEIGHT				
	appy or unhappy are you e way your body looks?				ВОДУ				
4. Do you think your mother (or female guardian) likes your present weight?  MOMWT  Yes									
No									

5.	5. Please check the box under the figure that most looks like YOUR BEST GIRLFRIEND:										
6.	I have no best girlfriend	D E GRLIMAC	F G	H -							
		Very Important	Important	Unimportant	Very Unimportant						
7.	A. Having many friends  B. Looking pretty  C. Looking thin  D. Being healthy  E. Feeling more like a woman  F. Not getting fat  G. Having a loving family  How happy or unhappy are you with these how happy are you with:	se parts of your bo	ody?		FRNDIMP PRETIMP THINIMP HLTHIMP MORGRLIM NOFATIME LOVFAMIN						
		Very Happy	Нарру	Unhappy	Very Unhappy						
-	A. Your waist				WAIST STOM ARMS BREAST HIPS LEGS						
	F. Your legs		<u> </u>		LEGS						

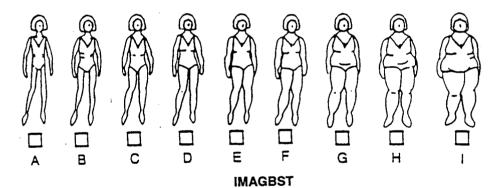
The next set of questions ask about how you LOOK NOW, how YOU THINK YOU ARE GOING TO LOOK, and how you would BEST LIKE TO LOOK. Please check the box under the figure that best answers the following:

4 124 1 424 K 10 14

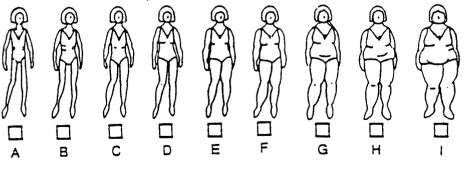
### 8A. NOW I look like:



8B. I WOULD LIKE it best if I now looked like:



9A. When I am 25-30 years old, I WILL PROBABLY look like:



**IMAGADLT** 

9B. When I am 25-30 years old, I WOULD LIKE to look like: ם **IMGBADLT** A woman looks BEST when she looks like: 10. В ·D G Ε **IMAGBFEM** Some-11. How often do you: Often Always Never Rarely times **DEPRESS** A. Get depressed ...... ANXIOUS B. Feel anxious ..... **TRBLUP** C. Have trouble getting up in the morning ...... CRYING D. Have crying episodes ..... IRRITAB TIRED F. Feel tired ...... TRBLSLEP G. Have trouble falling asleep ..... **ANGRY** H. Get angry

12.	Think about your friends. Which of the following statements best describes them?	Which of the following statements best describes them?				
	(Check only ONE box.) FRNDRACE					
	All or most of my friends are black					
	About half of my friends are black and half my friends are white 2					
	All or most of my friends are white					
	None of these describe my friends					

Thank you very much.